

## Lesson 21: My Body: God's Temple

God created us as a union of \_\_\_\_\_ and \_\_\_\_\_.

This is what it means to be human. Both body and soul are special creations of God. The soul does not have more value than our body. Christ died not only to redeem our soul from sin, but also to redeem our body. In heaven for all eternity we will be complete human beings, both body and soul.

God created Adam and Eve with perfect and undying bodies. What happened when they fell into sin? \_\_\_\_\_

Our bodies are gradually dying. Yet the fact that our bodies are not perfect and are in fact dying does not mean that we are to neglect caring for our bodies or use them contrary to God's will.

What is the first thing we want to remember as concerns the care and use of "our" body? \_\_\_\_\_

From the beginning God has given us clear instructions to care for our bodies. God told His people of the Old Testament in Leviticus 19:28 never to physically harm their bodies nor accept tattoos. The New Testament talks even more on the proper attitude and care we should have for our bodies.

### *1 Corinthians 6:13-15*

What attitude should we have concerning our bodies according to each of these verses?

13 - \_\_\_\_\_

14 - \_\_\_\_\_

15 - \_\_\_\_\_

### *1 Corinthians 6:19-20*

According to this passage, why is it of the devil to say, "It's my body and I'll do with it what I want?" \_\_\_\_\_

What was the price paid for our body? \_\_\_\_\_

Can we say that our body is holy? \_\_\_\_\_ Why? \_\_\_\_\_

According to the passage we just read, what is our body? \_\_\_\_\_

Which is more important to God: Our house of worship or our body? \_\_\_\_\_ Why? \_\_\_\_\_

What are some things we would never think about doing in church? \_\_\_\_\_

Why is it horrible if a Christian were to do these things outside his church building? \_\_\_\_\_

What are some things that we do because we respect our church building and want it to honor God? \_\_\_\_\_

What are some things we should be doing for our body because we recognize it is God's temple and we want it to honor God? \_\_\_\_\_

Because of the existence of sin in our bodies we experience certain weaknesses that will affect our lives. There are several things we have to watch out for.

*1 Corinthians 6:18*

Our flesh is especially weak against this temptation. What advice does the Bible give us when we are tempted sexually? \_\_\_\_\_

*Matthew 26:40-41*

What is Jesus saying here about our bodies? \_\_\_\_\_

St. Paul realizes this same thing. Look what he says in 1 Cor. 9:25-27

What does St. Paul do to fight against the laziness that attempts to arise within him? \_\_\_\_\_

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There is one part of our body that needs special discipline and training, and that is our tongue.

*James 5:5-10*

It has been said that what comes out of the mouths of those who call themselves Christians does more to harm Christ's Church than all the attacks of Satan. Do you think this is an hyperbole?

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What must a Christian do as concerns his tongue? \_\_\_\_\_ How? \_\_\_\_\_

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*Proverbs 27:2*

*Proverbs 17:9*

*Proverbs 10:19*

What are we warned to avoid in each of these passages?

27:2 \_\_\_\_\_

17:9 \_\_\_\_\_

10:19 \_\_\_\_\_

*Proverbs 12:25*

*Proverbs 16:24*

*Proverbs 15:1.*

What can right words do?

12:25 \_\_\_\_\_

16:24 \_\_\_\_\_

15:1 \_\_\_\_\_

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*Romans 6:11-14*

In one word, what does God reasonably ask of us as we use the parts of our body (mind, hands, tongue, etc.)? \_\_\_\_\_

**HOMEWORK**

1. How is your quiet time coming? Are you setting aside time daily for God's Word and prayer?
2. Pray with someone about the things in this lesson. Pray for your own purity. Pray for the purity of the church.